



The Carousel Network
Chronic Neuroimmune Diseases
Information & Support for Sonoma County
122 Calistoga Road, #216 · Santa Rosa CA 95409 · www.cndsinfo.net
Voicemail: 707-324-8881

Health, Social and Other Resources for Chronic Neuroimmune Diseases In Sonoma and Other North Bay/Bay Counties

The resources in this listing was compiled by The Carousel Network in an effort to document those health care and other professionals in the community who have an understanding of chronic neuroimmune diseases such as chronic fatigue syndrome, fibromyalgia, and multiple chemical sensitivities. The health care and legal providers on this list were recommended for the listing by patients and clients; the social services and related information and service providers were obtained from members and through online and community resources.

Neither The Carousel Network nor its board of directors make any guarantees or warranties about any of the individuals or agencies listed herein. It is the responsibility of the patient, patient's guardian, or patient caretaker to make intelligent decisions regarding their health care, including the selection of the health care provider. This includes interviewing health care and other service providers to determine both knowledge level and compatibility. Those with multiple conditions and health problems may be better served by using a variety of health care resources.

Some practitioners must limit their practice from time to time, due to patient loads, etc. Some health care providers do not accept Medicare and/or Medi-Cal. This has been noted in the following entries when this information is known. If you cannot afford to self-pay and have no other insurance, ask if the provider accepts the coverage you have (Medicare, Medi-Cal, CSMP) before you make an appointment. Doctors that we know for sure don't take any Medicare or Medi-Cal will be noted with "No M/M".

If you have information on other providers of services who would be useful to include in this directory, please send the information (name, address, telephone number, type of provider, any specific areas of knowledge or service) to The Carousel Network.

Note: All area codes in this listing are 707 unless otherwise indicated.

The Carousel Network (TCN) offers information on the various diseases and disorders associated with chronic neuroimmune diseases, such as chronic fatigue syndrome, fibromyalgia, multiple chemical sensitivity, autoimmune thyroid disease, etc. The information is intended to help patients and caregivers make informed decisions about the patient's health, diagnostic testing, and treatment in conjunction with his or her health care practitioners. TCN does not diagnose patients nor recommend specific medical or palliative treatments.

The Carousel Network is a 501(c)3 nonprofit supported by memberships and donations. Membership \$20/year; make checks payable to The Carousel Network. Monthly meetings are open to the general public. Members receive the bi-monthly newsletter, borrowing privileges from The Carousel Network's library (open after every meeting), and email meeting reminders.

PHYSICIANS (MDs and DOs)

Anderson, Wayne ND PA	3471 Regional Parkway	Santa Rosa 95403	575-5180	Integrative Medical Practice. No Ins/M/M www.gordonmedical.com
Barnett, Ellen MD	175 Concourse Blvd	Santa Rosa 95403	566-9193	IMCSR; Medicare. Fam Prac
Bouch, Brian, MD	245 Kentucky Ave	Petaluma 94952	778-3171	
Brown, Ben MD	751 Lombardi Ct #B	Santa Rosa	547-2222	(Previously SCPEO) Southwest Community Clinic. Medi-Cal; sliding scale
Cruise, James, MD	302 Tedford Ave	Ukiah 95482	462-1202	
Crump, Jeanne DO	1211 College Ave	Santa Rosa,	544-4334	Medicare
Dozor, Robert MD	175 Concourse Blvd	Santa Rosa 95403	566-9193	IMCSR; Medicare. Fam Prac
Filgas, F. Dee, MD	55 St. James Dr	Santa Rosa	576-1182	Workers comp; No M/M
Gardner, R.S. Isaac, MD	525 College Ave., Suite 211	Santa Rosa	575-7647	Endocrinologist; T3; EMDR www.psychoneuroendocrinology.com
Gordon Medical Associates	3471 Regional Parkway	Santa Rosa 95403	575-5180	Integrative Medical Practice. No Ins/M/M www.gordonmedical.com
Honrath, Thomas MD	4700 Hoen	Santa Rosa	526-3360	No M/M
Integrative Medical Clinic	175 Concourse Blvd	Santa Rosa 95403	566-9193	IMCSR Team approach available. M'care
Johnson, Lois MD	1029 Third St	Santa Rosa 95404	522-1466	
Kennedy, Ron MD	2456 W. Third St.	Santa Rosa 95401	576-0100	Anti-aging, chelation, hormone therapy www.medical-library.net
Levin, Alan, MD, Esq.		Nevada	775-828-9999	Offices also in San Francisco and TX
Manuel, Daisy DO	294 West Napa St	Sonoma 95476	938-3131	M/M
Marinkovich, Vincent MD	801 Brewster Ave, #220	Redwood City 94063	650-482-2800	Allergy; mold. www.vmarinkovichmd.salu.net
McCarthy, Gary, MD	2448 Guerneville Rd	Santa Rosa 95407	528-8484	Orthopedics
Pappas, Peter MD	Spinal Institute 76 Brookwood Ave	Santa Rosa 95404	523-2381	Back/Spinal Surgery. Accepts Medicare.
Prange, Bill, LAc, MD	245 Kentucky Ave	Petaluma 94952	778-3171	
Prehn, Walter, MD	181 Andrieux	Sonoma	996-8455	
Quincy, Cheri DO	2448 Guerneville Rd #400	Santa Rosa 95403	542-4800	Women's health, gyne, geriatrics. M'care
Rosenbaum, Michael, MD	300 Tamal Plaza #120	Corte Madera 94925	415-927-9450	No M/M; CFS/FM/Allergies

Seeba, James OMD LAc	3861 Montgomery Dr	Santa Rosa 95405	546-9628	Nutrition; mercury removal support
Shaw, Amy, MD	510 Doyle Park Drive	Santa Rosa	526-1800	
Smith, Timothy J. MD	Phone consults only. 800-555-4810		Eastern/Western; phone consults. No insurance/M/M. www.RenewalResearch.com	
Su, Teri M.D.	95 Montgomery Dr.	Santa Rosa 95401	571-7560	Emphasis on herbal therapies
Tobin, Cherie DO		Santa Rosa	823-3005	Medicare
Turner, Terri DO	698 Petaluma Avenue	Sebastopol 95472	824-9742	Internist, osteopathic physician. Does cranial osteopathy, also uses herbs and has a special interest in women's health.
Wagner, Andrew MD		Sebastopol	823-3456	Integrative Medicine; Guided Imagery

NEUROPSYCHOLOGY / PSYCHIATRY / PSYCHOLOGY / COUNSELING

Banyas, Carol, MD PhD	3000 Bridgeway, Suite 207	Sausalito 94965	415-332-3269	Integrative psychiatry; energetic healing. www.integratepsych.com. Medicare.
Baron, Robert B., Ph.D., MD	2255 Challenger Way	Santa Rosa 95407	542-0344	CFS/FM/RSD; good for SSA defense
Bastien, Sheila, Ph.D.	2126 Los Angeles Ave	Berkeley 94707	510-526-7391	MCS/CFS; good for SSA defense
Behel, Peter MA	1260 N. Dutton, #175	Santa Rosa, CA 95404	579-0491	Pacific Biofeedback Services www.pacificbio.net. Pain relief, improve immune function, RSI. Work Comp; No M/M
Chin, Jerome Ph.D.	95 Montgomery Dr. #102	Santa Rosa	576-1461	
Goodman, George A. MD	2635 Cleveland Ave # 2	Santa Rosa	575-4868	Psychopharmacologist. Medicare, not Medi-Cal.
Erickson Institute	1144 Sonoma Ave	Santa Rosa 95405	526-7720	
Falls, Mark PhD	627 College Ave.	Santa Rosa	525-9300	Also Addiction & Intervention, adolescents and adults
Firestone-Gillis, Carole MFT	411 Chinn St	Santa Rosa 95404	528-1398	Works with FM & patients with chronic illness. No M/M
Friend, Linda MFCC		Healdsburg	433-9774	Experienced working with CI and PTSD
Lomi Counseling Clinic	2455 Bennett Valley Rd Suite C-218	Santa Rosa, CA 95404	579-0465	www.lomi.org Somatic, mind/body focus. Sliding scale.
Melody, Julia, Ph.D.	1945 Knoll Drive	Santa Rosa	575-5172, 1277	
Shere, Jim MFT	2 Padre Pkway	Rohnert Park	586-3673	
Skolek, Susan PsyD	West County Health Center	Guerneville	869-2961	Experienced working with patients dealing with chronic illness

Steinberg, Neil Ph.D		Sebastopol	823-4818	Psychiatrist; incorporates spiritual aspects in healing and recovery; accepts Medicare
Stephens, Ange MA		Marin & Sonoma Counties	328-5139	LMFT, psychotherapy for people with chronic illness
True-Samson, Karen LCSW		Santa Rosa	528-0953	Experienced working with patients dealing with chronic illness
Zimmerman, Salima PsyD	403 Chinn St	Santa Rosa	889-8028	Registered psychological assistant: Supervised by Ralph Ames Ph.D, Specializes in clients with chronic illness. EMD-R, Hypnosis, Meditation, Biofeedback, TFT, Breath Work, Somato-Emotional Release, Autogenic training, Self-regulation Training and Guided Imagery. Redwood Psychology Center

OTHER MENTAL HEALTH RESOURCES

Community Counseling Services	858 2 nd Street	Santa Rosa 95404	542-7191	Individual & group; all income groups
National Alliance for the Mentally Ill (NAMI) - Information & support for the mentally ill and their families		Marin www.namimarin.org	415-456-9419	
		Sonoma www.namisonomacounty.org	707-527-6655	
Suicide Prevention 24-Hour Hotline			576-8181; 800-746-8181	
Sonoma County Dept of Health Services – Adult Outpatient Services			565-4900	
Sonoma County Dept of Health Services – Youth & Family Services			565-4180	
Sonoma County Dept of Health Services – Medi-Cal Services			565-4900	
Psychiatric Emergency Services 24-Hour Hotline			576-8181; 800-746-8181	
YWCA Domestic Violence 24-Hour Hotline			546-528-2636	
Rape Crisis 24-Hour Hotline			545-7273	
Men Evolving Nonviolently 24-Hour Hotline			528-2636	

ACUPUNCTURE

Greenberg, Susan		Santa Rosa	527-7767	Licensed acupuncturist; therapeutic massage
Pearce, Katherine LAc	1029 Third St	Santa Rosa 04	235-0280	M.T.O.M. Acupuncture & Herbs
Sokitch, Shiroko MD	175 Airport Dr	Santa Rosa 03	524-9640	No M/M
Turetsky, Todd LAc	IMCSR, 175 Concourse	Santa Rosa	284-9200	Chinese medicine
Walker, David LAc	435 Petaluma Ave #130	Sebastopol	829-1228	No M/M

AUDIOLOGISTS

Marincovich, Peter S., CAA	111 Sonoma Ave #308	Santa Rosa	523-4740	
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CHIROPRACTORS

Bernd, Matthew DC	3651 Montgomery Dr	Santa Rosa 95405	544-6975	www.BerndChiro.meta-ehealth.com
Fuller, Bob, DC, PT	885 Gravenstine Hwy N	Sebastopol 95472	829-6777	
Grund, Tim DC	420 Tesconi Circle, #A	Santa Rosa 95401	284-5596	Neurologic chiropractic. No M/M.
Hertenstein, Dennis DC	1212 Farmers Lane	Santa Rosa	566-7396	
Langermann, Brian, DC	8169 Bodega Ave	Sebastopol 95472	823-2117	
Lester, Gregory DC		Guerneville	869-8123	
Matson, Marc, DC	2448 Guerneville, #600	Santa Rosa 95403	579-2923	
Santucci, Thomas DC	246 Los Gatos-Saratoga Rd	Los Gatos 95030	408-399-4040	Clinical nutrition, complex dx. Medicare
Spillinger, Lynn DC	6130 Hwy 116	Forestville 95436	887-1206	
Sutherland, Vikki DC	2635 Cleveland	Santa Rosa	546-4105	
Vogt, Lee DC		Ukiah		
Zafis, Cindy, DC	3450 Cleveland Ave, Ste A	Santa Rosa 95403	527-7710	NAET (allergy desensitization); accepts Medicare. www.vitality-plus.org

DENTISTS

Brunner, Michael DDS	432 B Center St	Healdsburg 95448	433 1881	
Granath, Oleph DDS	1420 Guerneville Rd #D2	Santa Rosa	528-9411	Amalgam removal
Latham, Gary DDS	1260 N Dutton Ave # 290	Santa Rosa 95401	527-7400	
Minye, John DDS	4372 Sonoma Avenue	Santa Rosa	539-8762	Mercury-free
Salmon, Eric, DDS	14001 Old Cazadero Rd	Guerneville 95446	869-2623	
Schettler, Darin DDS	2448 Guerneville Rd, # 500	Santa Rosa	576-7595	
Senn, Silvano DDS	120 Pleasant Hill Ave. #150	Sebastopol 95472	823-9500	Holistic dentistry; mercury-free

GASTROENTEROLOGY

Auld, Richard MD	1200 Sonoma Ave #1	Santa Rosa	575-8570	He and the staff at the EndoCenter next door, where the colonoscopies and endoscopies are done, are very nice, warm, supportive. M'Care
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OBSTETRICS/GYNECOLOGY

Field, Bob MD	1111 Sonoma Ave	Santa Rosa	575-9167	
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OPHTHALMOLOGY

Anderson, Robert L. MD	1017 2 nd Street	Santa Rosa	546-9800	Recognizes ophthalm. signs of Lyme M/M
Bartlett, William H. MD	380 Tesconi Ct	Santa Rosa	544-3375	Medicare
Gaynor, Bruce MD	4720 Hoen Ave	Santa Rosa	527-8222	Accepts M/M
Mintz, Norman J. OD	825 Gravenstein Hwy N, #7	Sebastopol	823-9141	Medicare; recognizes ophth. Lyme signs

PHYSICAL THERAPY

Boden, Joe PT	2798 Yulupa Ave #1	Santa Rosa	527-4001	Medicare & other insurance
Marshall, Linda K., PT	2464 W. Third	Santa Rosa	569-8204	No M/M
Rosen, Edward, PT	429 E. Cotati Ave	Cotati	795-0210	
Sendar, Marsha, PT	1410 Guerneville Rd, #19	Santa Rosa	570-2090	Astin patterning; Pilates; bodywork
Sever, Mark, PT	POB 1483	Forestville	887-0185	
Soares, Todd PT	1400 N. Dutton Ave., Ste. 1	Santa Rosa, 95401	523-2848	

MASSAGE THERAPY

Dietze, Olaf HHP, CMT	5400 Hessel Ave	Sebastopol	829-3537	Bodywork therapy, aquatic water massage, somatic education, Chi Kung classes. www.whitecranecenter.com Workers comp only but no other insurance.
Pizzoferato, Antonio CMT	555 5th Street, # 101	Santa Rosa 95401	545-5497	www.bodywest.com . Neuromuscular Massage Therapy, Reiki; Blue Cross

PODIATRY

Hoyal, Peter, MD	1041 4 th St #8	Santa Rosa	546-2107	No M/M
Delmonte, John, MD	911 Med Center Plaza	Windsor	838-7065	
	441 March Ave #A	Healdsburg	433-4821	

MISCELLANEOUS MEDICAL SPECIALTIES

Erickson, Joel MD	Santa Rosa Cardiology Group 500 Doyle Park Drive	Santa Rosa	527-8444	Tilt table test for NMH/OI
Advanced Open View MRI	652 Petaluma Ave, Suite I	Sebastopol	829-2141	Easier on claustrophobes

YOGA INSTRUCTION - With a focus on gentle/restorative yoga

Dubinsky, Gail MD	1205 Gravenstein Hwy S Sebastopol	829-7596	www.RxYoga.com Restorative yoga. Specializes in neuro-orthopedic soft tissue injuries.
Fields, Pam Yoga Center of Santa Rosa	420 Mendocino Avenue Santa Rosa	537-1949	Gentle and restorative yoga classes. Very highly recommended. Able to adapt poses safely for any limitation. Classes very supportive & extremely well planned. www.yogacenterofsantarosa.com
Leach, Audrey	420 Mendocino Ave. Santa Rosa	575-9735	Yoga Center of Santa Rosa. Restorative Yoga
Naythons, Jessica Bodyworks Yoga	490 Second Street Petaluma	769-9933	Restorative Yoga, very good class with lots of individual adjustment according to personal limitations. www.bodyworksyoga.com
Miller, Kathleen	Santa Rosa	541-0443	Yoga Therapy. Individual and group instruction. kmiller@sonic.net

SOCIAL SECURITY DISABILITY ATTORNEYS & CLAIMS REPRESENTATIVES

Andros, Andrea		San Francisco area	415-433-6830	Attorney
Davenport, Candace		San Rafael	415-456-3606	Attorney
Levin, Alan, MD, Esq.		Nevada	775-828-9999	Offices also in San Francisco and Tx
Matyi, Phyllis		San Francisco area	415-924-3822	Attorney
McCaskell, Dan & Assoc.	529 Davis St	Santa Rosa 95401-6234	528-4003 800-376-2425	Social Security Claims Rep
Paul Proto / Federal Benefits, Inc.	8418 Mulberry St. N.	Tampa, FL. 33604	813-977-6072	http://ssa-disability.tripod.com SSD Advocate (represents claimants), specializes in cfids, fibromyalgia, "invisible" illnesses

FAMILY LAW / ESTATE / DIVORCE ATTORNEYS AND MEDIATORS

Connor, Catherine & Rodney, Amy	829 Sonoma Ave	Santa Rosa	523-0480	Divorce. Do not use other attorneys in office
Dematto, Donna		Sebastopol	823-5308	Can make and break conservatorships

Dowd, Harry	589 Mendocino Ave, Ste 1	Santa Rosa	573-0444	Estate, wills; may make housecalls
Ferchland, William	1400 N. Dutton Ave	Santa Rosa	525-1786	Work Comp
Fortlin, Bruce, JD, MA	406 Chin St	Santa Rosa	544-7463	Lic. Marriage/family therapist; mediator
Hendrickson, Karen	900 College Ave	Santa Rosa	542-1982	
Lansdown, Patricia	2 Padre Plaza	Rohnert Park	584-3044	
Lounibos, Guy	10 4 th St	Petaluma	762-6631	
Parranto, Julia	1150 State Farm	Santa Rosa	573-8868	PI, Divorce, Product Liability
Rodney, Amy & Connor, Catherine	829 Sonoma Ave	Santa Rosa	523-0480	Divorce. Don't use other attys in office
Rubin, J.R. (Jake)	2213 Mendocino Ave	Santa Rosa	576-7850	Divorce
Skelton, Nanette	4083 Montgomery	Santa Rosa	542-7373	

SPECIAL NEEDS TRUST / TRUST ATTORNEYS

SNTs are set up by parents/siblings to protect funds administered on behalf of disabled children, including disabled adult children. Inheritances have severe impact on people receiving SSI & HUD benefits, an area most regular trust/estate attorneys are not familiar with. General information on SNTs can be found at www.achievingindependence.com/disability/SNT.htm and www.ca-trusts.com/specialneeds.html.

Adams, Barry L.	Adams & Rafferty 1214 College Ave	Santa Rosa	542-6644	Referred by CRI
Campopiano, Heather	725 College Ave, Suite 500	Santa Rosa	544-8900	Referred by CRI.

OTHER RESOURCES FOR FINDING PHYSICIANS AND SOCIAL SECURITY DISABILITY REPRESENTATIVES

Co-Cure: The Website		www.co-cure.org/Good-Doc.html		
Devin Starlanyl's Myofacial Pain/FM/CFS Doctors List		www.sover.net/~devstar/provider.htm		
National Organization of Social Security Claimants' Representatives	800-431-2804 Eastern Time - regular business hours		www.nosscr.org	
Paul W. Proto, Senior Advocate Federal Benefits Advisory Group, Inc.	6057 Tampa Palms Blvd, Ste 338 Tampa FL 33647	813-977-6072 866-807-7686 (Toll-free)	SSA Disability Benefits Advocate. Specializes in CFIDS/FM cases	

LEGAL SERVICES

Senior Legal Hotline			800-222-1753	Call for appointment
Sonoma County Legal Aid	542-1290 - Client line	523-8823 - Info line		Call for appointment and other info
Calif Indian Legal Services			510-835-0284	Call for appointment

SUPPORT GROUPS

Contact your local hospital and medical center to find out about other groups. HMO members should check with their HMO to find out what support and education groups they offer as part of their member benefits. Another resource is the California Self-Help Resource Line: 1-800-222-LINK

All Autoimmune Diseases		Sonoma	939-9266	Contact: Natasha
Asthma & Allergy Foundation	2461 Summerfield	Santa Rosa 95405	525-0211	
Brain Injury Network	POB 9217	Santa Rosa 95405	544-HEAD	Patients, caregivers and families
Family Caregiver Alliance	690 Market St #600	San Francisco 94104	415-434-3388	www.caregiver.org
Feingold Assn of the Bay Area	2821 Bloomfield Road	Sebastopol 95472	823-5076	Role of food additives on health www.feingold.org
American Lupus Society	19017 5 th Street	Sonoma 95476	996-9213	
Bay Area Lupus Foundation	2635 N. First St. #206	San Jose, CA 95134	800-523-3363	www.balf.org
Sonoma Cty. Lupus Support Grp.	1011 Jack London Ct	Santa Rosa CA 95409	538-1489	Subchapter of BALF. SonomaLupusGroup@netscape.net
Lyme Disease Resource Center	POB 707	Weaverville CA 96093	pcm@pacific.net	www.lymedisease.org
	POB 1891	Sonoma 95476	468-8460	pcm@pacific.net
Sonoma County Lyme Support	To request joining this private email support group, go to http://groups.yahoo.com/group/sonomacountylymesupport or email lymelinks@gmail.com			
Napa Valley Fibromyalgia Forum	Meets monthly (except Dec.) at Napa Valley College		http://www2.napavalley.edu/fm/fm.htm	
Nat'l Family Caregivers Assn	9621 E. Bexhill Dr	Kensington MD	800-896-3650	Info@nfcacares.org www.nfcacares.org
Parkinson's Disease Support Grp.	Davis Brown, 4756 Harrow Ct	Santa Rosa CA 95405	707-538-4952	davisb56@earthlink.net
Pet Loss Support Group	1275 Fourth Street	Santa Rosa 95404	527-9330	
Petaluma People Services Center	1500-A Petaluma Blvd South	Petaluma 94952	765-8480	Counseling & other services; sliding scale ppsc@rpnet.net; http://www.petalumapeople.org/
Post-Polio Support Group	4765 Parktrail Dr	Santa Rosa 95405	524-7865	ppsgsonoma@yahoo.com
Redwood Caregiver Resource Ctr	50 Santa Rosa Ave #205	Santa Rosa	542-0282	800-834-1636 www.redwoodcrc.org
CA CFS/FMS Supt Grp Directory	www.cacsfms.org	Known CFS/FMS support groups throughout California		
Ukiah FM/CFS	Phone Info & Support	Ukiah	462-5603	Daytime hours only.
United Cerebral Palsy	730 Bennett Valley Rd	Santa Rosa 95404	566-8647	
Well Spouse Foundation	610 Lexington Ave #814	New York NY 10022	800-838-0879	

RENTERS RESOURCES

Calif Fair Housing & Employment – Housing Discrimination			800-233-3212
Sonoma County Rental Information and Mediation Services (SCRIMS)	324 Santa Rosa Ave	Santa Rosa	575-8787

Project Sentinel – N. California Resources			www.housing.org	
National Fair Housing Council			www.homeless.org	
Calif Dept of Consumer Affairs: Guide to Residential Tenants' & Landlords' Rights and Responsibilities			www.dca.ca.gov/legal/landlordbook	
Fair Housing of Marin	615 "B" Street	San Rafael, CA 94901	415-457-5025	fhom@jps.net

STATE AND FEDERAL AGENCIES

Council on Aging	525-0143	Information and referral; legal clinic		
Franchise Tax Board	800-338-0505	www.ftb.ca.gov/geninfo/hra/index.htm	Homeowner/Renter's Assistance Program	
HICAP	800-303-4477	Free help with Medicare, senior HMOs, supplemental and long-term-care insurance		
HMO/Managed Care Complaint Hotline	888-HMO-2219	www.dmhc.ca.gov	CA Dept. of Corporation's streamlined complaint process	
Housing & Urban Development (HUD)	524-7500	www.hcd.ca.gov/	Housing assistance and Section 8	
Medi-Cal Information	565-5200			
Medi-Cal for Children	888-747-1222	Info on low/no cost coverage for children		
PG&E	1-800-743-5000	Low income discount; medical baseline increase; rate analysis; CARE; HEAP; REACH		
Social Security Information	800-772-1213	English and Spanish		
Sonoma County Agency on Aging	800-510-2020	Information on meals, transportation, legal, social and other services		
Women, Infants & Children (WIC)	800-816-3663	Food stamps		

ADVOCACY AND DISABILITY SERVICES

ARC		578-5454	Advocacy and referral services for people with disabilities	
Calif Assistive Technology System (CATS)		800-390-2699	Info on obtaining assistive devices	
Calif State Library's Braille and Talking Book Library		800-952-5666	Neurological and physical impairments qualify	
Community Resources for Independence (CRI)		NOW CALLED Disability Services & Legal Center		
Crisis Line for the Handicapped 24-Hour Hotline		800-426-4263	Volunteer counseling, support, information & referral	
Disability Services & Legal Center (DSLCL)		528-2745 www.cri-dove.org	Info and referral for people with disabilities; assistance filling out SSA forms; counseling on retaining benefits, etc.	
Patient Advocacy, Inc	449 15th Street, Suite 401 Oakland, CA 94612	800-776-5746	Nonprofit legal services advisory related to disabilities www.pai-ca.org/pubs	

Recording for the Blind and Dyslexic	650-493-3717	Free taped text books for visually/physically impaired students
Sonoma County, Human Services Job Training, Employment and Family Benefit Services: Assessment/Post Employment	565-5500	Assistance and support for disabled people in preparing for and finding employment through CalWORKs

MISCELLANEOUS RESOURCES

Computer Recycling Center	Several locations in North, SF, & South Bay	www.crc.org. They take in old computer equipment and peripherals for recycling and safe disposal.
Marin Services Resource & Referral Guide	415-491-2345	www.marinservices.org
Sonoma Alliance for Medical Marijuana	POB 312 Forestville 95436	VM: 522-0292
Volunteer Wheels - Sonoma County	573-3377; 800-992-1006	Transportation for people with limited mobility

FILING HEALTH CARE PROVIDER AND INSURER COMPLAINTS

California Department of Managed Health Care (DMHC)		888-HMO-2219	www.dmhc.ca.gov
California Consumer Health Care Council	P.O. Box 590307 San Francisco CA 94159-0307	1-888-CAL-COUNCIL cchcc@igc.org	www.cchcc.org/
Foundation for Taxpayer and Consumer Rights	1750 Ocean Park Blvd. Ste 200 Santa Monica, CA 90405	310-392-0522 ftcr@consumerwatchdog.org	www.consumerwatchdog.org
<p>For more Information on Patient's Rights: TCN's Publications @ www.cndsinfo.net site, and Melissa Kaplan's CND site @ www.anapsdi.org/cnd</p>			

USEFUL WEBSITES & RESOURCES

About.com's Chronic Fatigue Syndrome/Fibromyalgia and Related Disorders	chronicfatigue.about.com
About.com's Thyroid Disease	thyroid.about.com
CFIDS Association of America (CAA) Information Request Line: 800-442-3437	www.cfids.org
California, State of	www.state.ca.us
Chemical Illness Injury Network	www.ciin.org
Fibromyalgia Network	www.fmnetnews.org
MedlinePlus: Medical and drug info, medical encyclopedias, dictionaries, and more	www.medlineplus.gov

Melissa Kaplan's Chronic Neuroimmune Diseases & Lyme Disease		www.anapsid.org/cnd/ www.anapsid.org/lyme/
Santa Rosa City website		ci.santa-rosa.ca.us
Sonoma County website		www.sonoma-county.org
Sonoma County Public Library	webpac.sonoma.lib.ca.us/public.html	Place books on hold; renewals; community resources listing
Sonoma County Registrar of Voters	www.sonoma-county.org/admin/regvoter/	Re-register; find polling place; absentee ballot information
Press-Democrat		www.pressdemo.com
Redwood Health Library	11 Fifth Street, Petaluma 94952	778-9114; www.phcd.org/rdwplib.html

LYME RESOURCES

California Lyme Disease Association (CALDA)	www.lymedisease.org ; www.calda.intranets.com
Lyme Information - Sonoma County	http://health.groups.yahoo.com/group/SonomaCountyLymeSupport
Lyme Information - California	http://health.groups.yahoo.com/group/CaliforniaLyme
Lymenet.org – good online forums, resources	www.lymenet.org
Melissa Kaplan's Lyme Information	www.anapsid.org/lyme
The Carousel Network's Lyme Information	www.cndsinfo.net/lyme.html

MEDICAL CLINICS TAKING MEDICARE & MEDI-CAL

While some of the doctors in these clinics may know something about CFS/FM and tickborne diseases, not all do, and they are not necessarily allowed to order the tests and treatment protocols that the physicians and osteopaths listed above are. These federally funded clinics are places where you may find a good primary care doctor and associated services for many of your other health care needs.

Alliance Medical Center www.alliancemed.org	1381 University Avenue, Healdsburg, 433-5494
	8465 Old Redwood Highway Suite 410, Windsor, 433-5494
Occidental Area Health Clinic	3802 Main Street, Occidental, 874-2444
Sebastopol Community Health Center	6800 Palm Ave # C2, Sebastopol, 824-9999
Southwest Community Health Center	791 Lombardi Ct, Santa Rosa, 547-2222