



***The Carousel Network***, through regular meetings, a monthly newsletter, and a growing library of publications, books, videos and audio cassettes, offers many opportunities for members and their families to learn more about these disabling conditions, and what types of treatments, if any, are available.

Through active discussion, members learn how others have coped with these diseases, sharing their health struggles and successes. Since these diseases affect individuals differently, the more opportunities those with the diseases have to read and discuss their symptoms and treatments with others, the greater their chances to learn far more than may be gained from following a solitary course of trial and error.

*The Carousel Network* is a volunteer-run organization. Everyone involved has been living with one or more of these diseases for a decade or more, and so are uniquely qualified to help those just starting their search for answers.

## Meetings

*The Carousel Network* meets on the first Saturday of each month at:

Palm Drive Hospital Conference Room  
501 Petaluma Ave  
Sebastopol, CA 95472

Meetings are open to all including members and nonmembers alike, and generally organized as follows:

2:00-3:30 Program (Video, Speaker, Panel or General Discussion)  
3:30-4:00 Announcements, Introductions, Networking  
4:00-4:30 Library Open

Program information is published in our newsletter and on our website, [www.cndsinfo.net](http://www.cndsinfo.net). Our website also contains a wealth of information about chronic neuroimmune diseases, including medical, legal, social and other resources. Visit us online, or call us at (707) 324-8881 for more information.

*The Carousel Network* is funded solely by memberships and donations. Annual membership includes six bi-monthly issues of the newsletter and borrowing privileges from the TCN library. To become a member or make a donation, please complete this form and enclose it with your check for \$20 made payable to *The Carousel Network*, and mail to *The Carousel Network*, 122 Calistoga Road #216, Santa Rosa CA 95409-3702.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Here is my check for \$20 for a one year membership.

Here is my additional donation of \$ \_\_\_\_\_.

I have:

CFS    FM    MCS    OI    Sjogren's    Thyroiditis    Lyme    Don't know    Other:



## The Carousel Network

Founded in 1992, *The Carousel Network* provides information and support to patients, families and health care professionals about poorly understood and supported neuroimmune diseases such as chronic fatigue syndrome, fibromyalgia, multiple chemical sensitivity, Sjögren's Syndrome, autoimmune thyroid disease, and autonomic nervous system disorders such as neurally mediated hypotension/orthostatic intolerance.

Neuroimmune diseases, also called autoimmune diseases, affect the brain's function as well as the immune and endocrine systems. Genetic predisposition, in concert with trauma such as an accident or exposure to viruses or chemicals, turns the immune system against the body, causing organs to malfunction. This in turn results in further systemic damage, chronic and often severe pain, loss of cognitive (mental) function, fine motor skills, and more. This means that, over a short period of time, a person can go from being healthy and active to disabled and homebound, unable to work or carry on normal activities.



## The Carousel Network Chronic Neuroimmune Diseases Information & Support for Sonoma County

122 Calistoga Road #216  
Santa Rosa CA 95409-3702  
Voicemail: 707-324-8881  
[www.cndsinfo.net](http://www.cndsinfo.net)

*The Carousel Network is a Section 501(c)3 nonprofit organization. Donations are deductible to the extent allowed by law.*



## The Carousel Network

### Chronic Neuroimmune Diseases

**Bringing information and  
support to those living with:**

- ❖ Chronic Fatigue Syndrome (CFS)
- ❖ Fibromyalgia (FM)
- ❖ Multiple Chemical Sensitivity (MCS)
- ❖ Lyme and other tickborne diseases
- ❖ ...and other neuroimmune diseases